

LUNCH MENU

AVAILABLE MON - FRI • 11AM - 3PM

\$10

FISH TACOS

Three tacos, grilled or fried, slaw, tomatoes, feta cheese, tomatillo sauce, tortilla chips & salsa.
fried 850 cal, grilled 730 cal

DUMB LUCK COCONUT SHRIMP

Five coconut shrimp, fries and slaw served with cajun marmalade. 880 cal

CAPTAIN'S FISH & CHIPS

Three hand-battered fish filets, fries and slaw served with tartar sauce. 1140 cal

MAMA BLUE'S SOUTHERN CHARMED FRIED SHRIMP

Lunch portion fried shrimp, fries and slaw served with cocktail and tartar sauce. 920 cal

CHICKEN CAESAR SALAD

Chicken breast, romaine lettuce, caesar dressing, parmesan cheese, croutons. 860 cal

SOUP & SALAD COMBO

Caesar or garden salad with a cup of soup. 140-400 cal

CHICKEN TENDERS

Served with fries, ranch dressing & BBQ sauce. 980 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutritional information is available upon request.

We have made an effort to provide accurate nutritional information but deviations can occur due to availability of ingredients, substitutions, and the hand-crafted nature of most items.